

Pastoral Care in Seven Saints



family

The word "family" is rendered in a playful, colorful font. Each letter is outlined with a dotted pattern. The 'f' is yellow, the 'a' is red with a yellow and white polka-dot center, the 'm' is teal, the 'i' is red with a teal flower on top, the 'l' is light orange, and the 'y' is red.



mental

physical

wellbeing

Social & Spiritual

25% people suffer from mental health issues

Depression and Anxiety 8%

Self Harming 10%

Suicide attempts 7%

Grief/loss 78%

mental

physical

wellbeing

Social & Spiritual

5% of adults feel lonely “often” or “always”

- young adults most lonely
- women > men
- struggle with belonging/trust
- single & widowed
- limiting health

mental

wellbeing

physical

Social & Spiritual

People have to choose between eating or heating

-every 20 minutes a property is repossessed.

-UO provided 20,000 Christmas dinners

-Our foodbank runs out
-20% free school meals in Bolton

-a third “heat or eat” worries.

mental

wellbeing

physical

Social & Spiritual

How can we all support pastoral Care in seven saints

- Get INVOLVED – this is everyone's responsibility not just the Pastoral Team
- Can you spare a few hours a week to visit and spend time with someone
- Can you drive the pastoral visitor to and from the visit?
- Can you co-ordinate visits / take messages and pass them on to visitors
 - YOU CAN DO SOMETHING 😊

What next

- We have leaflets at the back with a section for you to complete and indicate which area you feel most comfortable getting involved with
- Please fill these in today, pray about how you can best use your skills to support

Jesus Said.... “Truly I tell you, whatever you did not do for one of the least of these, you did not do for me” Matthew 25:45